



**Cobble Hill & Lake Cowichan
Midweek Specials
Wed. thru Sat., March 25-28, 2020**

Seniors and immune compromised
SHOP DAILY, ALL STORES 7am-8am.
PLEASE NOTE: UNTIL FURTHER NOTICE,
ALL STORES WILL CLOSE AT 8PM

In our Deli...



Maple Leaf
Assorted Sausage Rings
1 Kg **6⁹⁷** EACH

LIMIT 3



Grimm's Fine Foods
Original Pepperoni Bites
375 g **3⁹⁷** EACH

LIMIT 4



Carver's Choice
Thick Cut Bacon
1 Kg **7⁹⁷** EACH

LIMIT 2



Maple Leaf Prime
Turkey Burgers
Frozen
680 g **7⁹⁷** EACH



Maple Leaf
Simply Ham or Turkey Kits
81 g **2⁰⁰ FOR 3⁰⁰**



Schneider's
Breaded Chicken Pieces
Frozen
1 Kg **6⁹⁷** EACH

LIMIT 3

In our Deli...



Ilchester
Applewood Sliced Cheese
180 g **3⁹⁷** EACH



AHA
Sparkling Water
12x355 ml **3⁹⁷** EACH

LIMIT 6 Total



Green & Black's
Organic Dark Chocolate
70% Cocoa
100 g **1⁹⁷** EACH



Calbee
Harvest Snaps
Black Bean or Green Snap Peas
85 g **2⁰⁰ FOR 3⁰⁰**



Boursin
Spreadable Cheese
Black Pepper or Red Chili
150 g **3⁹⁷** EACH

In our Deli...



Mastro
German Salami
Sliced
100 g **1⁶⁷**

WATCH FOR OUR
FLYER
THIS WEDNESDAY
in the
Citizen Newspaper

You'll Feel Like Family.
Proud to be serving the Cowichan Valley since 1985

1400 Cowichan Bay Rd, Cobble Hill **OPEN 8am-8pm daily** • 83 Cowichan Lk. Rd, Lake Cowichan **OPEN 8am-8pm daily**
SENIOR & IMMUNE COMPROMISED SHOPPING 7am-8am daily
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